

## **UWA Emergency Action Plan**

### **Football/Soccer Emergency Procedures (Practice Field)**

1. When an athlete is injured the athletic trainer closest to the athlete should carefully approach the athlete and secure the scene before trying to help the athlete.
2. The first athletic trainer at the scene must establish the level of consciousness of the athlete. If the athlete appears dazed or unconscious the athletic trainer must assume the athlete has a spinal injury and should stabilize the cervical spine. After this is done that athletic trainer should do a quick primary survey checking the airway, breathing, and circulation. When a senior staff athletic trainer arrives at the scene the athletic trainer holding c-spine should give all the information found so far to him/her. The senior staff athletic trainer should make the decision to call the ambulance. One athletic trainer will go to the UWA physical plant and call 911(or use on-site cellular phone). Another will clear a pathway from the gate to the scene, via the established EMS route. Another will get all emergency equipment needed and bring it to the scene.
3. The senior staff athletic trainer should do a secondary survey and check the vital signs of the injured athlete. The athletic trainer should also be aware that the athlete may go into shock at any time after the injury, so he/she must be looking for any sign of shock while evaluating the athlete and be prepared to manage it.
4. When the ambulance arrives at the field the senior staff athletic trainer should give the EMT's all information about the athlete including vital signs, level of consciousness, and mechanism of injury. One athletic trainer should have the athlete's insurance and emergency information ready and he/she should be ready to leave with the athlete to go to the hospital. Another athletic trainer will get the state vehicle and follow the ambulance to the health care facility. Make sure all equipment is gathered and returned when you return from the health care facility.

### **Location of all phones**

Phones for emergency actions are available for the following sports at the following locations in the event that an onsite cellular phone is not accessible:

1. **If a cellular phone is available it can be used at any location on campus to enact the EMS by dialing 911**
2. **Football/Soccer practice field:** access to a phone at the practice field is located across the street in Moon Hall (physical plant). After regular hours you must enter the left hand, side door to reach a phone in the first office to the right.

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EMS Route for Soccer/Football Practice Field

