

2018-2019

KEITH MIDDLE HIGH SCHOOL

Athletic Department Emergency Action Plan

Keith Middle/High School has a written emergency plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the Head Athletic trainer (or school administrator/Athletic Director, in the absence of UWA Trainers)

An **Emergency** is the need for Emergency Medical Service (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the Trainer, coaches, administration, and student be effective. This plan will effectively define roles and responsibilities during an emergency.

Situations when 911 should be called are but not limit to:

- An Athlete not breathing
- An athlete has lost consciousness
- It is suspected that an athlete may have a neck or back injury
- An athlete has an open fracture (bone has punctured through the skin)
- Severe heat exhaustion or suspected heat stroke
- Severe bleeding that cannot be stopped

CHAIN OF COMMAND

Certified Athletic Trainer

Athletic Director/Administration

Head Coach

Assistant Coach

Student Trainers

Students

The highest Person in the chain of command who is present at a scene will be the designated person in charge or leader. That person is responsible for deciding whether or not to call 911, instruct others how they may help and will be the person who stays with the athlete until EMS arrives. Each coach should have at least 5 players min prepared for emergencies to act as student responders.

AED are located in the Main Office, and the Middle School Office, one should be transported to practices daily

ALL COACHES SHOULD HAVE A CELL PHONE AVAILIABLE AT ALL TIMES DURING PRACTICES

The highest person in charge will make the call to EMS or will delegate another person to make the call. EMS should be told what the emergency is, the condition of the athlete and directions to the athlete (note not just direction to the school, ie. Football, volleyball, track etc.) Also tell EMS someone will meet them in front of the building to aid with directions.

Parent Contact, because parents are not first responders and the response time here in Orrville please call EMS then notify the parent. If the parent is not notified by the head coach he/she should be contacted by the next available adult school personnel. Parent contact information should be kept on file with all coaches and easily accessible.

If transport is deemed necessary by EMS, the athlete will be taken to Vaughn Regional Medical Center, Medical Center Parkway Selma AL unless parent request otherwise.

School Location:

Keith Middle/High School

1166 County Road 115

Orrville, AL 36767

The closest intersection JV Caldwell and County Road 33

Zone 1 (Main Gymnasium, Track, Baseball)

Primary AED: Middle School Office

Secondary AED: Main Office

Zone 2: (Main HS Building)

Primary AED: Main Office

Secondary AED: Middle School Office

Zone 3: (old Gym Science wing)

EMS Route take first right before the school sign drive behind Main gym

Primary AED: Main Office

Secondary AED: Middle School Office

Zone 4: (Football Field, Band, Field house)

EMS route left turn after the gas tank before the church

Primary AED: Main Office

Secondary AED: Middle School Office

Important Numbers

EMS: 911

Main Office 334-996-8464, 334 875 4155

Athletic Director, 205-520-4841

Principal, 334-419-7294

Baseball – Keith Middle High School

Athletic Emergency Action Plan

Keith Middle High School has written an emergency action plan that should be followed in the event of a medical emergency. All coaches should be familiar with this document and their role and responsibility in an emergency. Any questions should be directed to the head athletic trainer (or school administrator, in the absence of a licensed athletic trainer.)

An *emergency* is the need for Emergency Medical Services (EMS) to give further medical attention and/or transport an athlete to the hospital. It is important in these situations that coordination between the athletic trainer, coaches, administrators, and student responders be effective. This guide is intended to delineate roles and outline the protocol to be followed should an emergency occur. Situations when 911 should be called are:

- An athlete is not breathing
- An athlete has lost consciousness
- It is suspected that an athlete may have a neck or back injury
- An athlete has an open fracture (bone has punctured through the skin)
- Severe heat exhaustion or expected heat stroke
- Severe bleeding that cannot be stopped



The highest person in the chain of command who is present at the scene will be the designated person in charge, or leader. That person is responsible for deciding whether or not to call 911, instructing others how they may help and will be the person who stays with the athlete until EMS arrives.

Once it has been decided that EMS should be called, the following protocol should be followed:

EMS PROTOCOL

When you call EMS, provide your name and title or position, current address, telephone number, number of individuals injured, condition of injured, first aid treatment already administered, specific directions, and other information as requested.

EMERGENCY ACTION PLAN

1. The highest person on the chain of command will be deemed the leader, and will stay with the athlete to monitor the athlete's condition and administer necessary first aid. If possible, someone else on the chain of command should also stay and assist. The front office or an administrator should be notified that there is an emergency situation on campus.

2. The highest person on the chain of command will make the call to EMS or will designate another person to make the call. (911 from a cell phone or pay phone. Specific instructions:

EMS should be told what the emergency is, the condition of the athlete and how to get to where the athlete is. Also, tell EMS that someone will meet them at the closest intersection to aid in directing the ambulance. **DO NOT HANG UP UNTIL EMS HANGS UP FIRST.**

3. Phones at the Bloch Park Baseball field are located in the officials' office. Coaches should first use their personal cell phones before using the offices phones.

4. The leader will send runners to all intersections between where the athlete is located and Highway 22 to direct the ambulance to the athlete. The runners should stay in their positions and wave the ambulance through the proper turns to get to the athlete.

5. The leader will designate another person to attempt contact with the athlete's parents.

Emergency contact information can be found with the coaches.

If parent is not present, the form should accompany the athlete to the hospital.

6. If transport is deemed necessary by EMS, the athlete will be taken to Vaughn Regional Hospital, unless the parent requests otherwise.

Venus is located at:

108 Dallas Ave, Selma, AL 36701

The closest intersection to the venue is Highway 22.

Location of AED's

Baseball Field

Officials' Office

IMPORTANT PHONE NUMBERS:

EMS: 911

Main Office: 334-874-2140

Athletic Director: 334-419-1149

Coach: 334-868-0027

Principal: 205-520-4841