R.T. FLOYD, EDD, ATC, CSCS JONI MADDOX, DAT, ATC **CODIE WASHBURN, MAT, ATC** ANDREA WILSON, MS, ATC

The University of West

Highway 11 in Livingston,

Alabama. It is 116 miles

130 miles west of

southwest of Birmingham,



**HUDSON BYRNES, MS, ATC BROGAN HUBBARD, ATC** AC SASSER, ATC TAYLOR RAMSEY, ATC CANDICE KEENE, DPT, ATC

## ATHLETIC TRAINING & SPORTS MEDICINE CENTER

Station 14 • Livingston, AL 35470 • 205-652-3450 • Fax 205-652-3799 • http://at.uwa.edu





## North/East

- Traveling north/east on I-59/I-20 from Meridian, take the AL-28 exit 17.
- Turn R) onto AL-28.
- Turn R) onto U.S. Highway 11.
- Turn R) at first traffic light into campus.
- Continue until you come to a T in the road, and turn L). Pass the parking lot on the L) take the next L).
- Continue down the hill through the gate.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.



## South/West

## Traveling south/west on I-59/I-20 from

- Tuscaloosa, take the AL-28 exit 17.
- Turn L) onto AL-28.
- Turn R) onto U.S. Highway 11.
- Turn R) at the first traffic light onto campus.
- Continue until you come to a T in the road, and turn L). Pass the parking lot on the L) take the next L).
- Continue down the hill through the gate.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.



- Traveling west on US-80, from Demopolis turn R) onto AL-28 toward Livingston.
- Continue straight through U.S. 11, through two traffic signals, and past the Shell station on your L).
- Continue around the curve and take the first R) down the hill into the parking lot.
- The Center will be straight ahead.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.



- Traveling north on AL-17 from Butler, turn R) onto U.S. Highway 11 in York.
- Turn L) at the light and "T" in Livingston.
- Continue through the next traffic signal and go past the Shell station on your L).
- Continue around the curve and take the first R) down the hill into the parking lot.
- The Center will be straight ahead.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.



- Traveling north on AL-43 from Thomasville, turn L) onto AL-28 in Linden and follow to U.S. Highway 80.
- Turn L) onto US-80 and after crossing the bridge turn R) onto AL-28 toward Livingston.
- Continue straight across U.S. 11, through two traffic signals, and past the Shell station on your L).
- Continue around the curve and take the first R) down the hill into the parking lot.
- The Center will be straight ahead.
- Take the stairs entering the building to the R). Go to Room 216, (second door on the R) once entering the building.

