



The University of West Alabama Athletic Training Program is a full-time, two (2) year, professional practice program. After two years of classroom and clinical education, graduates will be eligible to sit for the Board of Certification Exam to become a certified athletic trainer.

We offer two (2) options for students to become a part of our program.

Option 1: Three plus two (3+2) where students earn a Bachelor of Science in Health Sciences and a Master of Athletic Training.

OR

Option 2: Two (2) year master's program designed for students that have already completed a baccalaureate degree.



For more information, please contact a faculty member or visit our website:

<https://www.uwa.edu/atmasters>

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*The University of West Alabama is currently seeking accreditation for their new Athletic Training Program and is not accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The institution will be submitting a self-study to begin the accreditation process on July 1, 2020.*



**THE  
UNIVERSITY OF  
WEST  
ALABAMA  
MASTER OF  
ATHLETIC  
TRAINING**



## Admissions Policy

Students who desire admission into the Master's in Athletic Training Program must submit a formal application. The formal application must be completed through the Athletic Training Common Application System (AT-CAS) by 5:00 P.M. CST on March 1st for preferred admission. Applications will be reviewed as received and admission decisions will be made on a rolling basis until all slots are filled.

## Application Requirements

- A preferred GPA of 3.0 or higher for all college coursework
- A "C" or higher in prerequisite coursework
- Official transcripts of all college coursework
- Three professional recommendation letters
- Essay addressing: (1) Reasons for desiring a professional career in athletic training, (2) career goals, and (3) attributes that you possess that will make you successful in life as an athletic trainer
- Current resume
- Proof of current American National Red Cross Professional Rescuer (AED/First Aid/CPR) or American Heart Association BLD for Health Care Providers certification or Emergency Medical Technician equivalence
- Proof of documentation of 120 clinical observation hours with a certified athletic trainer
- Successful completion of an on-site interview with the Athletic Training Admissions Committee

## Prerequisite Courses

- Biomechanics
- Concepts of Health, Wellness, and Fitness
- Exercise Physiology with lab
- General Biology with lab
- General Physics I with lab
- Human Anatomy & Physiology I &II, both with labs
- Introduction to Athletic Training
- Introduction to Nutrition or higher
- Kinesiology
- Statistics
- Chemistry I with Lab

## Two-Year Curriculum Plan

### Total Program 53 hours

#### Summer I (July)

- AH 401/501 Professional Practice and Techniques of Athletic Training (3 Hours)
- AH 420/520 Fundamental Skills in Athletic Training (3 Hours)
- AH 581 Athletic Training Clinical Education (1 Hour)

#### Fall I

- AH 432/532 Managing Medical Emergencies in Athletics (3 Hours)
- AH 522 Clinical Evaluation and Diagnosis of the Lower Extremity (3 Hours)
- AH 530 Therapeutic Interventions (3 Hours)
- AH 561 Evidence Based Practice in Athletic Training I (3 Hours)
- AH 582 Athletic Training Clinical Education II (1 Hour)



#### Spring I

- AH 524 Clinical Evaluation and Diagnosis of the Upper Extremity (3 Hours)
- AH 540 Orthopedic Rehabilitation (3 Hours)
- PE 570 Development of Strength and Conditioning Programs (3 Hours)
- AH 502 Non Orthopedic Evaluation and General Medical Issues (3 Hours)
- AH 583 Athletic Training Clinical Education III (1 Hour)

#### Summer II

- AH 562 Evidence Based Practice in Athletic Training II (1 Hour)
- AH 591 Athletic Training Clinical Immersion I (2 Hours)

#### Fall II

- AH 541 Movement Analysis and Corrective Techniques for Dysfunction (3 Hours)
- AH 531 Manual Therapy Techniques (3 Hours)
- AH 584 Athletic Training Clinical Education IV (1 Hour)

#### Spring II

- AH 550 Health Care Management and Professional Behaviors in Athletic Training (3 Hours)
- AH 563 Evidence Based Practice in Athletic Training III (3 Hours)
- AH 508 Seminar in Athletic Training (1 Hour)
- AH 592 Athletic Training Clinical Immersion II (3 Hours)