

Why Study at UWA?

UWA is consistently recognized as one of the safest universities in the state, region, and nation and is also consistently ranked nationally and high in the state for its diversity and opportunities. UWA provides students with a broad-based curriculum and enriched teaching-based classrooms allowing students to pursue their intellectual interests. UWA has a long-established history in educating athletic trainers since becoming the first public university in Alabama to receive approval for its bachelors' program in athletic training in 1989.

We operate out of the UWA Athletic Training & Sports Medicine Center which serves as the athletic training facility for UWA Athletics, UWA faculty, staff and students, our secondary school athletic training outreach program (28 schools) and the general public. This arrangement provides students the opportunity to work with multiple experienced preceptors in a very diverse clinical environment with patients ranging from pediatrics through geriatrics from variable backgrounds as well as access to state-of-the-art technology including:

- MSK Ultrasound
- Biodex Balance System
- Sway System for balance & cognitive testing
- Alter G antigravity treadmill
- LightForce Class IV Laser
- C-arm fluoroscope
- Blood Flow Restriction
- A full complement of therapeutic & rehabilitation tools

UWA

The UNIVERSITY of
WEST ALABAMA

For more information, please
contact a faculty member or
visit our website:

<https://www.uwa.edu/atmasters>

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The University of West Alabama's Master of Athletic Training program is fully accredited by the Commission on Accreditation of Athletic Training Education © CAATE through the 2026-2027 academic year. This program is designed to prepare students for the Board of Certification (BOC) certification examination.



THE UNIVERSITY OF WEST ALABAMA



MASTER OF ATHLETIC TRAINING

What is Athletic Training?

Athletic training encompasses the prevention, examination, diagnosis, treatment and rehabilitation of emergent, acute or chronic injuries and medical conditions. Athletic training is recognized by the American Medical Association (AMA), Health Resources Services Administration (HRSA) and the Department of Health and Human Services (HHS) as an allied health care profession.

Who are Athletic Trainers?

Athletic Trainers (ATs) are highly qualified, multi-skilled health care professionals who render service or treatment, under the direction of or in collaboration with a physician, in accordance with their education, training and the state's statutes, rules and regulations. As a part of the health care team, services provided by athletic trainers include primary care, injury and illness prevention, wellness promotion and education, emergent care, examination and clinical diagnosis, therapeutic intervention and rehabilitation of injuries and medical conditions.

Athletic Trainers work in a variety of settings, including

- All levels of athletics – youth to professional
- Industrial & occupational health
- Physician offices and private practices
- Sports medicine, cardiac rehabilitation, medical fitness, wellness, physical therapy clinics, and hospitals
- Military, law enforcement, and fire departments
- Performing arts



Why Choose This Program?

- UWA's athletic training faculty brings over 100 combined years of experience to educate students.
- All UWA athletic training faculty also serve as preceptors
- UWA athletic training faculty and staff promote student collaboration with healthcare providers such as:
 - Physicians
 - Physical Therapists
 - Nurses
 - All levels of EMS
- UWA athletic training features a large faculty and staff that models collaboration in educating students and caring for patients.
- Students begin clinical experiences at the start of their first term in the following areas:
 - Collegiate and secondary school athletics
 - Industrial healthcare
 - General medicine
 - Radiology clinic
 - Out-patient physical therapy clinic
- Students use state of the art equipment and technology in learning how to conduct clinical evaluations and diagnoses, preventative and therapeutic interventions, rehabilitation and conditioning.
- Students are provided opportunities to learn about special topics in sports medicine in collaboration with physicians from Andrews Sports Medicine and Orthopaedic Center in Birmingham, AL



Admissions Policy

Students who desire admission into the Master of Athletic Training Program must submit a formal application. The formal application must be completed through the Athletic Training Common Application System (AT-CAS) by 5:00 P.M. CST on March 1st for preferred admission. Applications will be reviewed as received and admission decisions will be made on a rolling basis until all slots are filled.



Application Requirements

- Preferred GPA of 3.0 or higher for all college course work
- A "C" or higher in prerequisite coursework
- Official transcripts of all college work
- Three professional recommendation letters
- Essay addressing: (1) Reasons for desiring a professional career in athletic training, (2) career goals, and (3) attributes that you possess that will make you successful in life as an athletic trainer
- Current resume
- Proof of current American National Red Cross Professional Rescuer (AED/First Aid/CPR) or American Heart Association BLS for Health Care Providers certification or Emergency Medical Technician equivalence
- Proof of documentation of 120 clinical observation hours with a certified athletic trainer
- Successful completion of an on-site interview with the Athletic Training Admissions and Retention Committee



Prerequisite Courses

A "C" or higher in prerequisite coursework:

- Biomechanics
- Concepts of Health, Wellness, and Fitness
- Exercise Physiology with lab
- General Biology with lab
- General Physics I with lab
- General Psychology
- Human Anatomy & Physiology I & II, both with labs
- Introduction to Athletic Training
- Introduction to Nutrition or higher
- Kinesiology
- Statistics
- Chemistry I with lab

The University of West Alabama Athletic Training Program is a full-time, two (2) year, professional practice program. After two years of classroom and clinical education, graduates will be eligible to sit for the Board of Certification exam to become a certified athletic trainer. We offer two (2) options for students to become a certified athletic trainer through the Master of Athletic Training.

Option 1: Three plus two (3+2) where students earn a Bachelor of Science in Health Science and a Master of Athletic Training.

OR

Option 2: Two (2) year master's program designed for students that have already completed a baccalaureate degree.

Cost of Attendance

Budget Component	In-State Graduate	Out of State Graduate
Tuition and Fees	\$3,021	\$5,247
Room and Board	\$3,829	\$3,829
Books and Supplies	\$608	\$608
Loan Fees	\$220	\$220
Transportation	\$2,002	\$2,002
Misc. Personal Expenses	\$1,503	\$1,503
Total	\$11,183	\$13,409

Scholarships Available

UWA MAT students in good academic standing are provided with the following scholarship benefits:

- All required text books at no cost
- Professional liability insurance
- Some clinical uniforms & athletic gear
- Reduced registration costs, along with provisions for transportation and room cost to attend the annual meetings of the:
 - National Athletic Trainers' Association
 - Southeast Athletic Trainers' Association
 - Alabama Athletic Trainers' Association
 - Potentially others to TBD annually

UWA Athletic Training Difference

- First public university in Alabama to receive approval for a:
 - Bachelors program in athletic training
 - Master's program in athletic training
- Most awarded athletic training faculty in AL
- Only university in southeast achieving and maintaining CAATE accreditation for both bachelors and master's programs
- 270 Athletic Training Graduates

