



## The Ted Quedenfeld Research Endowment

A 1960 graduate of Temple University, Mr. Quedenfeld never left the school he loved. He spent his entire career—and a large part of his free time—caring for thousands of injured high school, college and professional athletes from throughout the Delaware Valley.

During his years as an undergraduate at Temple, Mr. Quedenfeld earned three letters in wrestling (captain, '59 and '60), two letters in swimming (co-captain, '60) and one letter in track. Later in life, he was named to Temple's Athletic Hall of Fame. In addition to being an athlete himself, he also tended to athletes as a student trainer during his four years of college. After earning his bachelor's degree, Mr. Quedenfeld spent 14 years as head athletic trainer at Temple. During those years, he also served as head athletic trainer for the Philadelphia Spartan's soccer team and as an assistant athletic trainer for the Philadelphia 76ers. In 1962, he earned his master's degree in education from Temple.

In 1975, Mr. Quedenfeld took on a new challenge when he helped created the country's first university-based sports medicine center at Temple, a concept that has since been copied throughout the nation.

Mr. Quedenfeld served as administrative director of the Temple University Sports Medicine Centers for 23 years, helping it grow from a single location at Temple University Hospital to four outpatient centers that treat tens of thousands of patients throughout the Delaware Valley. His pioneering research helped promote advancements in cleat length, cervical spine injury prevention, and the prevention of sports-related asthma attacks.

In addition to his administrative responsibilities, Mr. Quedenfeld also was an associate professor at the Temple University School of Medicine. He won the Benjamin Rush Award, which is given to a non-physician in recognition of outstanding health service, in 1972 by the Philadelphia County Medical Society. Mr. Quedenfeld retired in 1997 but he couldn't stay away from Temple, serving as a consultant to the Temple University Health System until his death in 2001.





Photograph  
Courtesy of the  
Department of  
Exercise and Sport  
Science  
The University of  
North Carolina  
at Greensboro

## The Need for Your Contribution

Since the Foundation's founding 15 years ago, individuals and organizations have generously contributed both time and money to support scholarship, research, and outstanding achievement. With this help, we have built an important and valued resource for athletes, athletic trainers, and all people who are physically active.

There is an urgent need to continue and significantly expand funds available for research. The relevance and impact of top quality scientific research to reduce and minimize the impact of injuries is already evident. The quality and effectiveness of this research reinforces the need to support and sponsor additional research.

### Your Contribution to the Ted Quedenfeld Research Endowment

Additional gifts will be added to the principal of the Ted Quedenfeld Research Endowment. This will allow the Foundation to continue and enhance its crucial role to drive cutting edge research that is critical to the collective future of those active in the athletic training profession.

Your contribution is a gift that keeps on giving. Endowments are held in perpetuity and provide annual income for important research grants for future generations.

The options for distribution of the proceeds from the fund are targeted on underwriting a Master's Level Research grant of up to \$ 1,000 to be presented annually as the fund balance reaches \$ 25,000 or a Doctoral Level Research grant of up to \$ 2,500 for annual presentation as the fund balance reaches \$ 50,000.

The ability to create a named Theodore Quedenfeld Grant exists for those that are willing to underwrite a Masters or Doctoral grant.

***"The Foundation's research grant programs have been instrumental to both me and my students. Not only have they helped to develop our future researchers, but they continue to support our profession's top investigators and most important questions."***

Mark A. Merrick, PhD, ATC  
Associate Professor & Director  
Department of Exercise and Sport Science  
The Ohio State University

